



# Australian Curriculum: HPE — Year Prep Year Level Plan-2023

CURRICULUM		YEAR PREP					
		Semester 1			Semester 2		
		Term 1- PE	Term 2- PE	Term 2- Health	Term 3- PE	Term 4- PE	Term 4- Health
<b>Unit name</b>		Let's get moving	Catch that bean	I can do it	Who wants to play?	Animal Groove	I am safe
<b>Unit description</b>		Examine and apply rules that keep them safe during physical activity. Develop the fundamental movement skills of running, hopping, jumping and galloping and apply them in activities and games. Apply fundamental movement to solve movement challenges.	Demonstrate personal and social skills to include others in a range of activities. Develop skills in two-handed catching and underarm throwing with a beanbag. Perform dynamic partner balances with beanbags and solve movement challenges.	Explore information about what makes them unique and their strengths and achievements. Participate in play.	Demonstrate personal and social skills to include others and describe their feelings after participating in a range of active games.	Perform fundamental movement skills to music. Describe how their body responds to movement in a performance combining the elements of movement.	Identify actions and protective behaviours that keep them safe and healthy in situations where they may encounter medicines, poisons, water and fires.
ASSESSMENT		Term 1	Term 2	Term 2	Term 3	Term 4	Term 4
Range and balance of summative assessment conventions	<b>Assessment Name</b>	Let's get moving- AT2	Catch that bean- AT3	I can do it-AT1	Who wants to play? AT5	Animal Groove- AT6	I am safe- AT4
	<b>Assessment Description</b>	Practical	Practical	Collection of Work	Practical	Practical	Collection of Work
	<b>Mode</b>	Performance	Performance	Written	Performance/Oral/ Verbal	Performance	Written
Aspects of the achievement standard							

recognise how they are growing and changing			✓			
They identify and describe the different emotions people experience			✓			
identify actions that help them be healthy, safe and physically active						✓
identify different settings where they can be active			✓			
demonstrate how to move and play safely	✓					
describe how their body responds to movement				✓	✓	
use personal and social skills when working with others in a range of activities		✓		✓		
demonstrate, with guidance, practices and protective behaviours to keep themselves safe and healthy in different activities						✓
perform fundamental movement skills and solve movement challenges	✓	✓			✓	

Term 1

Term 2

Term 3

Term 4



indicates opportunities that summative assessments provide for students to demonstrate evidence against aspects of the achievement standard