



ASPIRE - LEARN - ACHIEVE

Student Use of Gym Equipment Consent and Agreement

Students in selected Health and Physical Education (HPE) classes, such as Rugby League and Senior FIT, have the opportunity to access Bentley Park College's gym equipment in the Senior Stadium during some lessons and before school. The gym will be staffed by HPE staff and students will be taught lifting technique, gym etiquette and safety. Students must wear closed-in shoes and have a towel with them while using the equipment. Showers are also available in the Stadium for student use.

To be permitted to use the equipment, students and their parent/carer must complete the **Student Use of Gym Equipment Consent and Agreement** below. This acknowledges the assumption of risk by the student, and provides written consent from the parent/carer.

Student Use of Gym Equipment Consent and Agreement - I agree to acknowledge and accept that:

- injuries can occur in fitness programs
- it is in my best interest to consult a doctor before engaging in any physical training to ensure my health is adequate for using the gym facilities
- when I am using the gym facilities I will observe and abide by all rules and signs on the gym walls and stated by my teacher
- it is my responsibility to warm up and stretch before using the equipment
- I will not purposely engage in activities that may put myself and others at risk
- if I do not observe safety guidelines, I realise I am at risk of injury, and further consequences will apply
- if I deliberately misuse equipment it will result in my immediate removal and I will lose the rights to use the gym facilities
- I will receive a clearance from a doctor and pass on their letter to my teacher if I am on any medication or have any health concerns, and will update this throughout my studies
- I will take ownership of the gym and look after it as if it was my own
- I will wear closed-in shoes and bring a towel to every gym session.

Student name and form class: _____

Student signature and date: _____

Parent/carer consent : I give permission for my student to attend the Bentley Park College gym for weight training during their allocated time and acknowledge and accept the points above.

Parent/carer name: _____

Parent/carer signature and date: _____

***This Agreement remains active while the student is enrolled at Bentley Park College or until superseded.**

Office Use only

Date entered in OneSchool permission code: **23GYMUSAGE** _____

Place on Student File; notify HPE staff signed form has been returned.